



Bridget

SUPPORT WORKER



INTRODUCTION

Hi, *my name is Bridget!*

I'm a caring, experienced and passionate support professional with a strong background in aged care, home and community care, leisure and health. I'm a friendly, down-to-earth person who enjoys a good conversation, having a laugh and creating positive connections.

Qualifications & experience

I hold a Certificate III in Aged Care and Home and Community Care and a Certificate IV in Leisure and Health. I spent 11 years in the aged care sector as a Personal Care Assistant, Lifestyle Assistant and Coordinator.

Outside of work

I'm a mum to a beautiful daughter and share my home with my dog and cockatiel. I absolutely love food and cooking and have more than 200 cookbooks! I'm also a passionate Carlton supporter and love heading to the football.

Experience supporting individuals with

Intellectual Disability

Down Syndrome

Autism Spectrum Disorder (ASD) Levels 1 & 2

Obsessive-Compulsive Disorder (OCD)

I enjoy getting to know the people I support, understanding what is important to them and finding ways to make everyday activities meaningful and enjoyable — whether that's getting out into the community, enjoying a hobby, preparing a meal, attending an appointment, or simply spending time together. I bring patience, understanding and a caring approach, and aim to support each person in a way that reflects their individual needs, interests, choices and goals.

"My experience has taught me the importance of treating every person with dignity, respect and compassion."

I look forward to getting to know the people I support and being part of their journey with Little Things Support Services.

CONTACT US



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