



Jen

SUPPORT WORKER



INTRODUCTION

Hi, my name is Jen!

I'm a patient, dedicated and dependable person who genuinely enjoys supporting others. I bring a caring and understanding approach to my work and value taking the time to get to know each person, their interests, preferences and individual needs.

My background

I've gained experience across retail, nursing, wool pack repair, hairdressing and aged care. Caring for my ill mother and elderly father has also strengthened my understanding of patience, compassion and respectful, person-centred support.

Outside of work

I love sport — playing and watching tennis, and football too. I have a real love for animals, particularly cats, dogs and horses, and enjoy the companionship they bring. Reptiles, however, are definitely not my favourite!

Experience supporting individuals with

Intellectual Disability

Down Syndrome

ADHD

ADD

Autism Spectrum Disorder (ASD) Levels 2 & 3, verbal and non-verbal

Bipolar Disorder

Short-term memory loss

ODD

Pathological Demand Avoidance (PDA)

OCD

Developmental delays

PTSD

Anxiety

Speech disorders and delays

I aim to provide support that is patient, respectful and encouraging, while adapting my approach to suit each individual. Whether it's getting out into the community, enjoying sport, spending time with animals, completing everyday tasks or simply having a chat, I'm happy to be there and provide support in a way that is comfortable and meaningful for each participant.

"I believe everyone deserves to feel heard, valued and supported."

I look forward to getting to know the people I support and being part of their journey with Little Things Support Services.

CONTACT US



0435 281 245



intake.littlethings@gmail.com